



Tod Wurr
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Dear PE Coordinator,

Please let me introduce myself, my name is Tod Wurr and I am the senior Instructor and proprietor of the Anglia Academy of Taekwon-do. Please take a few moments to read what we here at the Academy have to offer schools and colleges.

Children who acquire self-confidence at an early age are far more likely to succeed in their adult ambitions. Taekwon-Do is arguably one of the best methods of instilling confidence into children and at the same time emphasizes the importance of respect and discipline.

As a result of the fast and exciting nature of Taekwon-Do there are thousands of children participating throughout the U.K. and millions worldwide. Children see Taekwon-Do as the ultimate activity.

In Taekwon-Do everybody wins, it's not just the best that gets to play. Our system of Taekwon-Do is based on inner development and self-expression. Concentration, focus, goal setting and self-achievement are the topics of discussion. Motor skill development, co-ordination, flexibility and general health and fitness are the basics to the physical training.

Through our confidence-building martial arts programme, children are furnished with the tools to reach their full potential. This programme is delivered by considerate Instructors who become positive role models and mentors for the students.

The cost of this mentoring programme to the school is absolutely FREE! The Instructor requires no payment for teaching a free taster session during lesson-time. This carries the added bonus of releasing members of staff for the duration of the classes, giving them an opportunity to concentrate on other areas of schooling. If, after this period, you consider the programme to be a positive addition to the schools' commitment to lifelong learning, then the programme may be extended throughout the term.

Complementary to this, is the opportunity to run an after-school activity club for children to enjoy.

This is an exceptional opportunity to present your pupils with a vibrant and valuable experience: Taekwon-Do contains instructions concerning discipline, determination, fortitude and application, all as a by-product of a fun, physical activity.

The best type of learning is that which is incidental; as such, Taekwon-Do will leave an indelible impression on each student that will stand them in good stead throughout their future endeavours.

Help us give the children the start in life they deserve.

To book your dates or general information please contact us at the Academy on:
Tel : 01362 637030 e-mail: t.wurr@sky.com

Master Tod Wurr 6th Degree